



CENTRE FOR  
MEDICAL  
DEVELOPMENT

## GP UPDATE REFRESHER

15/09/2020 - 18/09/2020

LONDON

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or via  **LIVESTREAM**

### **Venue**

Guy's and St Thomas' NHS Foundation Trust  
Westminster Bridge Road  
SE1 7EH London  
United Kingdom

## DAY 1 - TUESDAY, 15 SEPTEMBER 2020

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### CARDIOLOGY

<b>09:00</b>	Hypertension - Diagnosis and Therapy	<i>Dr Alex Lyon</i>
<b>09:45</b>	Dyslipidemia	<i>Dr Alex Lyon</i>
10:30	<i>Break</i>	
<b>10:45</b>	Update Cardiac Arrhythmia	<i>Dr Alex Lyon</i>
<b>11:30</b>	Heart Attack - Post Management and Therapy	<i>Dr Alex Lyon</i>
12:15	<i>Lunch</i>	

### NEUROLOGY

<b>13:15</b>	Tremor - Is That Parkinson's?	<i>Dr Benjamin Turner</i>
<b>13:45</b>	Headache – Must Be Something in My Head	<i>Dr Benjamin Turner</i>
<b>14:15</b>	Sensory Symptoms and Multiple Sclerosis	<i>Dr Benjamin Turner</i>
14:45	<i>Break</i>	

### DERMATOLOGY

<b>15:00</b>	The Itchy Patient	
<b>15:30</b>	15 Skin Lesions – Test Yourself	<i>Dr Virginia Hubbard</i>
<b>16:00</b>	An Update on Psoriasis	<i>Dr Virginia Hubbard</i>
16:30	<i>Break</i>	

### PSYCHIATRY

<b>16:45</b>	Addictive Disorders and Their Treatment	<i>Dr Peter Byrne</i>
<b>17:15</b>	Depression	<i>Dr Peter Byrne</i>
<b>17:45</b>	Psychiatric Emergencies (Case Studies)	<i>Dr Peter Byrne</i>
<b>18:15</b>	Q&A	
18:45	<i>End of Programme</i>	

## DAY 2 - WEDNESDAY, 16 SEPTEMBER 2020

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### GASTROENTEROLOGY

**09:00** Reflux, Dyspepsia and Other Upper GI Symptoms *Dr Philip Woodland*

**09:45** Diarrhoea and Constipation - When Should I Be Worried? *Dr Philip Woodland*

10:30 *Break*

### INTEGRATIVE MEDICINE

**10:45** Stress and Disease *Dr Duncan Still*

### RESPIRATORY MEDICINE I

**11:15** Asthma *Dr Breda Cushen*

**11:45** Cough *Dr Breda Cushen*

12:15 *Lunch*

### RESPIRATORY MEDICINE II

**13:15** Red Flag Respiratory Diagnoses *Dr Peter George*

**14:00** Unexplained Breathlessness & Pulmonary Fibrosis *Dr Peter George*

14:45 *Break*

### HOT TOPIC - PAIN MANAGEMENT

**15:00** Neuropathic Pain Treatment *Dr Adam Woo*

### GERIATRICS

**15:30** Nutrition / Malnutrition in the Elderly *Dr Shane Roche*

**16:00** Geriatric Assessment in General Practice *Dr Shane Roche*

16:30 *Break*

### RHEUMATOLOGY

**16:45** Crystal Arthropathy *Dr Natasha Jordan*

**17:15** Rheumatoid Arthritis *Dr Natasha Jordan*

**17:45** Osteoporosis *Dr Natasha Jordan*

**18:15** Q&A

18:45 *End of Programme*

## DAY 3 - THURSDAY, 17 SEPTEMBER 2020

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### MEN'S HEALTH

<b>09:00</b>	What Should I Do With the PSA?	<i>Mr Giles Hellawell</i>
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<b>09:45</b>	Erectile Dysfunction and Loss of Libido	<i>Mr Giles Hellawell</i>
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10:30 *Break*

### SPOTLIGHT ON SURGERY

<b>10:45</b>	Arteries, Veins, and Ulcers	<i>Mr Joseph Shalhoub</i>
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<b>11:30</b>	Hernia	<i>Mr Robert Hutchins</i>
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12:15 *Lunch*

### WOMEN'S HEALTH

<b>13:15</b>	Obstetric Update	<i>Dr Shazia Malik</i>
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<b>14:00</b>	Polycystic Ovarian Syndrome	<i>Dr Shazia Malik</i>
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<b>14:30</b>	Menopause	<i>Dr Shazia Malik</i>
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15:00 *Break*

### INFECTIOUS DISEASES

<b>15:15</b>	Sepsis and the GP	<i>Colette Coyle</i>
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<b>16:00</b>	Infections and the Returning Traveller	<i>Dr Ben Killingley</i>
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<b>16:45</b>	Q&A	
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17:30 *End of Programme*

## DAY 4 - FRIDAY, 18 SEPTEMBER 2020

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### NEPHROLOGY

<b>09:00</b>	Update on Acute Kidney Injury	<i>Dr David Game</i>
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<b>09:45</b>	Treatment of Chronic Kidney Disease	<i>Dr David Game</i>
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10:30 *Break*

### ENDOCRINOLOGY

<b>10:45</b>	New Treatments of Diabetes	<i>Dr Harvinder Chahal</i>
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<b>11:30</b>	Thyroid Disease	<i>Dr Harvinder Chahal</i>
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12:15 *Lunch*

### LIVER MEDICINE

<b>13:15</b>	Can We Eliminate Hepatitis by 2030?	<i>Dr William Alazawi</i>
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<b>14:00</b>	What Should I Do with Abnormal Liver Tests?	<i>Dr William Alazawi</i>
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14:45 *Break*

### PAEDIATRICS

<b>15:00</b>	Fever of Unknown Origin in Children	<i>Dr Protima Amon</i>
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<b>15:45</b>	Differential Diagnosis of Dyspnea in Children	<i>Dr Protima Amon</i>
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<b>16:25</b>	Visual Diagnosis and Treatment in Paediatrics	<i>Dr Protima Amon</i>
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<b>16:45</b>	Q&A	
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17:30 *End of Programme*